Reducing EMI and Improving Signal Integrity Using Spread Spectrum Clocking

By Jeffrey Batchelor and Jimmy Ma Silicon Labs

The authors describe the general nature of EMI emissions and show how spread spectrum techniques can be used to help meet EMI specifications Electromagnetic interference (EMI), once the exclusive concern of equipment designers working with high-speed signals, is no longer limited to a narrow class of

high-end applications. Continued innovation in semiconductor technology has resulted in the ready availability of cost-effective, highperformance system-on-chip (SoC) devices, microcontrollers (MCUs), processors, digital signal processors (DSPs), application-specific integrated circuits (ASICs), field-programmable gate arrays (FPGAs) and analog/digital converters (ADCs). The high-speed clocking signals required to drive these ICs, however, generate more EMI and, as a consequence, create more challenges for designers of consumer, enterprise, communications and embedded equipment.

Unfortunately, EMI problems are not limited to clocks. Buses, interconnects and networking interfaces also employ data rates and high-speed signals that can generate unwanted EMI. EMI is also becoming an issue with digital power supplies, which increase their efficiency by using higher switching frequencies. The situation grows worse with every new product generation, given the combination of steady increases in clock speeds and decreases in supply voltages that reduce overall noise margins. If left unattended, these high frequency signals and their harmonics (see Figure 1) can have peak energy levels that exceed FCC Class A and Class B Part 15 EMI limits and delay products from being able to be released to market. These issues-cou-



Figure 1 · Relative carrier and harmonic power vs. output drive strength at 10 MHz (Example: Silicon Labs Si5350/51 Clock IC).

pled with shorter design cycles, increasing sensitivity to cost imposed by high-volume markets and shorter product life spans make it challenging for developers to produce quality products in a timely fashion.

Electromagnetic Interference (EMI)

Any charge moving in an electrical field or any change in the field emits electromagnetic radiation, with the strength of the radiation being directly proportional to the rate and magnitude of the change. Sometimes electromagnetic emissions are intentional, such as when transmitting data through a cellular phone antenna, but many digital systems such as PCs, PDAs, smart phones, printers and scanners emit unintentional radiation that can interfere with nearby circuits. Within these systems, periodic clock signals are a major cause of EMI radiation.

Fundamental and odd multiples of fundamental sinusoidal frequencies (harmonics) make up a square wave. Harmonic frequencies



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Figure 3 · SSCG also minimizes period and cycle-tocycle jitter.

set the exact frequency of the radiation spectrum while drive levels set the radiation strength of each harmonic and affect the emissions bandwidth. As a consequence, EMI radiation increases with higher edge speeds (rise and fall times) and higher drive levels.

Shielding is a well-known method for preventing EMI emissions by containing them within the system by fully or partially covering the emission locations with grounded conductive shields. Shielding can be an effective approach in systems with strong emissions. However, for many systems, especially portable and handheld products, shielding is perhaps the least desirable method for reducing EMI emissions. Shielding not only increases the size, weight and cost of a system (factors that cannot be compromised in many applications), it also substantially increases labor costs.

Another widely used technique for reducing existing EMI emissions that clocks and timing signals generate is to use low-pass filters to eliminate high-order harmonics. Specifically, this approach reduces the rise and fall times of the signal and, consequently, the radiated EMI. This technique, however, is often not viable for high-speed systems since reducing rise and fall times through filtering also reduces critical setup-and-holdtime margins, increases the amount of signal overshoot, undershoot and ringing, and increases the susceptibility of the clock to other interferers, all of which impact the jitter performance.

Another major issue with filtering is that it is not systemic and only produces a limited, local effect. This means that even though emissions have been reduced for a given node in the system, it is not reduced in other nodes. Consequently, the overall reduction in emissions may be marginal. A better technique is required to address all sources of EMI.

Spread Spectrum Clocking

Although the fundamental causes of EMI are relatively straightforward, accurately simulating the entire system is difficult, time-consuming and error-prone due to the use of hard-to-predict models and complex parameter extractions. Rather than attempt to tune existing EMI levels to within acceptable levels, the most effective strategy for ensuring compliance is to employ design techniques that reduce the introduction of EMI in the first place. In addition, eliminating EMI at its source means greater signal integrity throughout the system, not just where local filters have been placed.

One of the most effective and efficient approaches to controlling and reducing EMI is to use spread spectrum clock generation (SSCG) technology. Instead of maintaining a constant frequency, spread spectrum techniques modulate the system clock across a small frequency range that creates a frequency spectrum with sideband harmonics. By intentionally spreading the narrowband repetitive clock across a broader band, the peak spectral energy of both the fundamental and harmonic frequencies can be reduced simultaneously (see Figure 2). The modulation frequency $(f_{\rm m})$, typically 30 to 33 kHz, is large enough to spread this energy above the audio band yet small enough to avoid creating timing and tracking issues in the system.

In essence, an SSCG clock IC adds controlled jitter by linearly increasing and decreasing the clock frequency. While the total radiated energy in the signal is the same as an unmodulated signal, the spectral components occur at a much lower magnitude because they are spread across more frequencies. As a result, developers are able to reduce EMI to desired levels. In addition, SSCG technology reduces EMI without degrading signal timing quality as measured by period and cycle-to-cycle jitter (see Figure 3). High Frequency Design EMI CONTROL

Consider a 32 kHz, nonlinear frequency profile modulating a 66.666 MHz system clock. Because the modulation is centered on the system clock frequency (in this case, 66.666 MHz), this type of profile is known as center spread frequency modulation. The amount of relative EMI reduction on the same clock using $\pm 1.5\%$ frequency modulation limits compared to an unmodulated system clock are shown for the fundamental frequency and third-order harmonics. Altering the profile changes how EMI is spread. For example, the relative EMI reductions for the same 66.666 MHz clock and ±1.5% center spread using a triangular profile are different for the fundamental frequency and third-order harmonics.

Spread-spectrum clock generation results in a dramatic reduction of EMI throughout the system compared to other EMI reduction methods. Specifically, since all clock and timing signals derived from an SSCG clock are modulated by the same percentage (including buses and interconnects), EMI reductions from SSCG technology benefit the entire system, not just a local circuit. For many applications, implementing a spread spectrum clock into a system during the early design stages can completely mitigate the need for further EMI reduction measures.

Programmable Spreading

Tuning a fixed-function clock generator for a system often requires matching analog components. Rather than having to swap out different analog components to optimally match a system and reduce EMI, programmable clock generators support customization through simple configuration of various clock parameters to optimize the clock output to match the required application performance (see Table 1). This approach simplifies development by eliminating the complex calculations involved in manually tuning a system. Programmable clock devices also enable

| Programmable Parameter | Range | Resolution |
|--------------------------------------|-------------------|------------|
| Output-to-output skew | -160 to +160 psec | 20 psec |
| Output drive strength | 20 to 100 ohm | 20 ohm |
| Output rise/fall times (15 pF clock) | 0.3 to 4.2 psec | 0.3 nsec |
| Duty cycle | -3% to +3% | 1% |
| Frequency | 1 to 200 MHz | 2 ppm |
| Spread spectrum amplitude | 0% to 5% | 0.05% |
| Spread spectrum modulation | 16 to 128 kHz | 1 kHz |

Table 1 · Silicon Labs SL15100 SSCG programmable clock parameters.

developers to reduce design risks by easily and quickly accommodating late design changes that impact timing parameters.

One of the most critical considerations of clock-signal integrity is the matching of the impedance of the board trace and driven load to the clock driver. This matching ensures that the clock signal is free from overshoot or undershoot and ringing for each of the driven clock signals. Programmable clocks achieve this providing goal by adjustable impedance levels at each clock-output driver to ensure an optimal match to various load-impedance levels. Programmable clock drive strength levels allow developers to match loadimpedance levels individually for each output, to obtain matched impedance levels and to optimize the signal integrity based on the actual levels measured during system evaluation. In addition, programmable drive levels can be used to control the clock signal rise and fall times within acceptable signal integrity limitations to slow the edges. This further reduces radiated EMI by decreasing the total high-frequency harmonic content of the signal.

The flexible frequency modulation of programmable clocks also simplifies electromagnetic compatibility (EMC) testing. Because the frequency modulation can be varied (for example, frequency modulation can vary from 0% to 5% with the Silicon Labs SL15100 SSCG clock IC), it is much easier to make compatibility measurements during design and testing. The ability to take this feedback into early design stages eliminates the need for costly late-design modifications, avoids production introduction delays and can substantially improve time-to-market.

Developers of systems where emissions are within acceptable levels and products meet EMC requirements also may be able to benefit from using a spread spectrum clock generator. For example, many highvolume consumer products, such as ink-jet/multifunction printers or PDAs, use multiple board layers to control EMI and increase signal margin. By using an SSCG clock in such designs, it is often possible to reduce emission levels even lower to enable the system to be implemented with fewer board layers, resulting in substantial cost savings.

Timing Options

System developers can choose from a wide variety of general-purpose, low-voltage CMOS clock ICs optimized for EMI reduction. For example, Silicon Labs' Si5350/51 clock IC (see Figure 4) provides a programmable solution with up to eight outputs at frequencies up to 150 MHz for high-volume, cost-sensitive applications such as digital cameras, printers, graphics cards, set-top boxes, HDTVs and home gateways. These clock devices typically operate at low power (26 mA core power) and require less board space (4.0 \times 4.0 mm package size) compared to other clocking technologies and support individual control of SSC (i.e., on/off) for each output frequency.

Clock generators optimized for specific interconnect standards are also available, such as PCI Express

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Figure 4 · Silicon Labs Si5350/51 programmable general-purpose clock IC.

clock ICs. Available as both fixedfunction and factory-customizable clocks, these devices comply with PCI Express Gen 1, Gen 2 and Gen 3 for use in a wide array of consumer, server, storage, medical and test equipment applications. PCI Express clocks also support SSC as specified in the PCI Express standards.

Processor-specific clock genera-

tors are also available to developers. For example, x86 drop-in replacement clocks provide low power operation for x86-based embedded applications such as storage, blade server, set-top box, medical, test equipment, and home and industrial automation applications. Because they have been optimized for x86-based applications, they offer integrated features that eliminate the need for many boardlevel components such as external resistors and level translators, resulting in lower system cost.

Developers should also be aware of clock distribution devices available to reduce EMI while distributing clock signals throughout a system. These clock distribution devices are capable of tracking the spread spectrum and can pass it through the distributed clocks. Devices such as zero-delay LVCMOS and PCI Express fanout buffers are designed for use in servers, routers and switches while temperature-controlled XO (TCXO) fanout buffers serve as excellent frequencycontrol solutions for smart phones, tablets and other portable systems.

Many EMI reduction and timing features can be integrated into an SSCG device to achieve higher performance. Some clocks support multiple outputs, and many are available with multiple PLLs with selective use of spread spectrum clock functions to enable developers to integrate key components such as buffers and level translators. For example, Silicon Labs' SL15100 clock IC with an integrated PLL clock multiplier, built-in frequency dividers and switch circuits provides two outputs while the SL28PCIe30 device has more functionality and up to nine outputs. The availability of multiple output clocks based on a first-order crystal, each with its own range of programmable values, eliminates the need for a larger number of crystals and crystal oscillators, resulting in significant BOM cost savings and smaller board size. For portable devices, the use of programmable

SSCG clock ICs improves power consumption compared to traditional clocking topologies designed to extend battery life.

For high-volume applications, developers also have the option of creating custom-configuration clocking devices to optimize jitter performance, functionality and cost. For example, to help accelerate the design process, Silicon Labs offers the Web-based ClockBuilder utility (www.silabs.com/ClockBuilder), which streamlines clock product selection and device configuration and enables specification of custom timing devices for a variety of applications with or without SSC.

Summary

Evaluating and simulating radiated EMI can be an extremely complex process. By employing simple adjustments in layout, adjusting rise/fall times and using spread spectrum clocking technology, developers can reduce radiated power to sufficient levels for many applications without the need for complex analysis or simulations.

SSCG clock ICs provide a costeffective approach to managing EMI by eliminating EMI at its source. With their high level of integration and flexible timing parameters, SSCG devices simplify system design and eliminate the need for many expensive discrete components while improving performance, minimizing board space and reducing time-tomarket.

Author Information



Jeffrey Batchelor is a senior applications engineering manager at Silicon Labs where he manages a team of mixedsignal application

engineers. He has contributed to Silicon Labs' technology portfolio with three awarded patents and others pending. He holds a BSEE from the University of Cincinnati, with minor degrees in photonics, mathematics and physics. He can be reached at: Jeffrey.batchelor@silabs.com

Jimmy Ma is a senior applications engineer at Silicon Labs where he is involved in the development of application circuit boards and systems, CMOS-circuit analysis and charac-



terization, and research and development of new products. Mr. Ma holds a Masters Degree in electrical engineering from San Jose

State University. He can be reached at: jimmy.ma@silabs.com